

L.I.T.E. Teens

September 2011

Get Active & Healthy



City of Carlsbad

799 Pine Avenue

Carlsbad, CA 92008

760-931-4590

www.carlsbadca.gov/parksandrec

Daily Agenda

2:30 to 3:15 Free Play
 3:15 to 3:45 Home Work
 3:45 to 4:00 Snack
 4:00 to 5:00 Activities/ Discussion
 5:00 to 5:30 Free Play

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|-----|--------------------------------------|---------------------------|-------------------------------|---|----------------------------|--|
| | | | | 1 Discuss Rules | 2 Teen's Choice | 3 |
| 4 | 5 Labor Day (Closed) | 6 Discussion: Month | 7 Flag Football | 8 Community Service | 9 Counselor's Choice | 10 |
| 11 | 12 Discussion: Olympic History | 13 Make Smoothies | 14 Olympics Games | 15 Community Service/ Outside Games | 16 Teen's Choice | 17 Movie N Park 5 p.m.-10 p.m. |
| 18 | 19 Discussion: Organic Vs. Non | 20 Trail Mix/ Hike | 21 Other Country Sports | 22 Community Service/ Outside Games | 23 Mike's Choice | 24 Padres Game 3:30 p.m.-10 p.m. |
| 25 | 26 Discussion: Sports Culture | 27 Food Taste Test | 28 Tennis Baseball | 29 Community Service/ Outside Games | 30 Mystery Day | |

FOR INFO VISIT: www.carlsbadca.gov/parksandrec

Recreation Supervisor: Michael Bodman 760-602-7527 • All activities and trips are subject to change at any time.